

Problem solving video description

When problem solving in work, school or our personal lives, there are a few steps to take and the first is to figure out exactly what the problem is. Identifying and breaking down the problem as well as recognising other existing problems is key to finding a solution. The next step is getting all the facts and information about the problem, recording and organising these, and then using them to come up with a solution. Try to avoid jumping to a quick fix. Instead, keep everything logical, so you can use past experiences and consider any knock-on effects.

Using teamwork, brainstorming and having all the facts to understand the problem are also really important. Problem solving using these steps will help you to come to a better solution and will usually prevent more problems further down the line.

A good problem solver:

- Identifies and breaks down the problem
- Gets all the facts about the problem
- Avoids jumping to a quick fix
- Uses teamwork to come up with the best solution