

## Teamwork video description

Teamwork is when a group of people work together towards the same goal. It happens in school, work, sports, music, and even in our day to day lives with our own friends and family. Teamwork makes a group stronger than the sum of its parts which leads to more creativity and better problem-solving. It also creates healthy competition and gives everyone a chance to improve their own individual skills.

Everyone in a team will have different roles, depending on their abilities and strengths. For a team to work well it needs trust, communication and good leadership. When a team work together, communicate well and pushes each other to be the best they can be everyone will benefit.

Someone who encourages teamwork can:

- Initiate more creativity & problem solving
- Give members a chance to improve their skills
- Give everyone an individual role to play
- Help improve communication and leadership